

**OVERVIEW**

Our curriculum is designed to strengthen students' resilience to successfully cope with the challenges they will face in their lives, to help them in developing a respectful moral code and instilling in them ambition to achieve their potential in the Salford community and world beyond

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HT1 Mental and Emotional Health

- 1) What is mental health and how can I look after my mental wellbeing?
- 2) How do I manage online relationships and avoid negative influences?
- 3) How can I be a 'discerning consumer of online information'?

HT2 Keeping Safe: Negative Influences

- 1) How does alcohol affect people who use and the people around them?
- 2) What are gangs and how do I stay safe?
- 3) What are the responsibilities of increased independence?

**Assessment:**

Students are continually assessed through reflective written activities, teacher questioning and class discussion.

There is no formal, summative assessment of PSHE, RSE or Health.

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HT3 Relationships & Sex Education

- 1) How can we form positive relationships? 2) What are the reasons for sex?
- 3) What is relationship abuse?
- 4) What is grooming?
- 5) What are HIV & AIDS?

HT4 Living in the Wider World

- 1) What is the connection between personal finance, public spending and economic citizenship?
- 2) What are my employee rights?
- 3) When I work, what will my income and deductions look like?

Assessment is monitored through learning walks, book checks, and student/teacher voice.

**Sum**

HT5 Healthy Lifestyles

- 1) Why is it important to self-examine for cancer and other illnesses?
- 2) How does exercise improve my mental wellbeing? Strategies for balancing work, leisure and exercise
- 3) What is stem-cell donation?
- 4) What happens to my skin during puberty?

HT6 Careers

- 1) How can I develop my employability skills?
- 2) What are the connections between the world of work and my future economic well-being?

Useful resources for supporting your child at home:

Oak National Academy- [KS4 Citizenship lessons for Key Stage 4 students](#)

Oak National Academy – [KS4 RSHE \(PSHE\) lessons for Key Stage 4 students](#)

Being aware of the news and current affairs Home - BBC News